

Girls 100 Meter Dash

| ===== | | | | | | | |
|--------------|------------------|-----------|--------------|--------------------|---------|--------|--------|
| Meet Record: | 12.64 | 1991 | (hh+) | Karla Stromme | (Byron) | | |
| Facility: | F 12.59 | 5/28/2009 | | Carmen Sutherland, | Triton | | |
| Name | Year | School | Seed | Finals | H# | Points | |
| ===== | | | | | | | |
| Finals | | | | | | | |
| 1 | Arabella Knudson | 12 | Kasson-Manto | 12.41 | 12.83 | 3 | 12 |
| 2 | Lilah Kurke | 9 | Byron | 12.67 | 13.18 | 3 | 10 |
| 3 | Reighley Sorum | 11 | Pine Island | 12.70 | 13.37 | 3 | 8 |
| 4 | Avery Nelson | 7 | Stewartville | 13.20 | 13.49 | 3 | 6 |
| 5 | Ella Shedivy | 11 | Rochester Lo | 13.29 | 13.71 | 3 | 5 |
| 6 | Jayda Ramaker | 11 | Stewartville | 13.06 | 13.73 | 3 | 4 |
| 13.723 | | | | | | | |
| 7 | Autumn Reese | 10 | Zumbrota-Maz | 13.55 | 13.73 | 2 | 3 |
| 13.727 | | | | | | | |
| 8 | Lyndee Northrop | 11 | Pine Island | 13.51 | 13.79 | 2 | 2 |
| 9 | Ruby Rowland | 9 | Byron | 13.26 | 13.84 | 3 | 1 |
| 10 | Keigan Cummings | 11 | Kasson-Manto | 13.34 | 13.88 | 3 | |
| 11 | Alexie Awe | 9 | Kasson-Manto | 13.46 | 13.93 | 3 | |
| 12 | McKinley Sorum | 9 | Pine Island | 13.74 | 14.14 | 2 | |
| 13 | Brystol Schmidt | 8 | Stewartville | 13.65 | 14.18 | 2 | 14.176 |
| 14 | Madi Jeppesen | 9 | Cannon Falls | 13.78 | 14.18 | 2 | 14.179 |
| 15 | Madison Jordan | 9 | Cannon Falls | 14.21 | 14.42 | 2 | |
| 16 | Alyse Ayen | 9 | Byron | 13.80 | 14.59 | 2 | |
| 17 | Shelby Berktold | 10 | Lake City | 14.23 | 14.77 | 2 | |
| 18 | Stella Beltz | 9 | Lake City | 14.61 | 14.82 | 2 | |
| 19 | Aarione Johnson | 10 | Rochester Lo | 14.76 | 15.24 | 1 | |
| 20 | Sommer Post | 12 | Zumbrota-Maz | 15.23 | 15.53 | 1 | |
| 21 | Ashley Emerson | 12 | Lake City | 15.32 | 15.67 | 1 | |
| 22 | Ava Haugen | 11 | Zumbrota-Maz | 15.23 | 15.77 | 1 | |
| 23 | Sara Auger | 12 | Cannon Falls | 16.21 | 16.22 | 1 | |
| 24 | Sigrid Rasmussen | 12 | Rochester Lo | 17.08 | 17.51 | 1 | |

Girls 200 Meter Dash

| ===== | | | | | | | |
|--------------|------------------|-----------|--------------|---------------|------------|--------|--------|
| Meet Record: | 25.68 | 5/14/2022 | | Paige Halder, | Byron | | |
| Facility: | F 26.08 | 2021 | | Lindsey Root, | St Charles | | |
| Name | Year | School | Seed | Finals | H# | Points | |
| ===== | | | | | | | |
| 1 | Paige Halder | 12 | Byron | 25.40 | 26.04F | 3 | 12 |
| 2 | Arabella Knudson | 12 | Kasson-Manto | 26.06 | 27.17 | 3 | 10 |
| 3 | Lilah Kurke | 9 | Byron | 26.71 | 27.43 | 3 | 8 |
| 4 | Delaney Awe | 11 | Kasson-Manto | 27.50 | 27.86 | 3 | 6 |
| 5 | Reighley Sorum | 11 | Pine Island | 27.66 | 27.99 | 2 | 5 |
| 6 | Reese Koenen | 12 | Pine Island | 27.38 | 28.22 | 3 | 4 |
| 7 | Avery Nelson | 7 | Stewartville | 26.87 | 28.33 | 3 | 3 |
| 8 | Alexie Awe | 9 | Kasson-Manto | 27.54 | 28.62 | 3 | 2 |
| 9 | Paige Luhman | | Lake City | 28.59 | 28.80 | 2 | 1 |
| 10 | Taimani Evjen | 9 | Byron | 28.98 | 28.95 | 2 | |
| 11 | Zoe Njus | 11 | Pine Island | 28.66 | 29.03 | 2 | |
| 12 | Mikayla Scharpen | 10 | Zumbrota-Maz | 29.11 | 29.14 | 2 | 29.136 |
| 13 | Madi Jeppesen | 9 | Cannon Falls | 28.52 | 29.14 | 2 | 29.138 |
| 14 | Emily Gates | 11 | Lake City | 29.37 | 29.18 | 1 | |
| 15 | Gretchen Howes | 10 | Stewartville | 28.36 | 29.20 | 2 | |
| 16 | Audrey Shindelar | 10 | Stewartville | 27.40 | 29.21 | 3 | |
| 17 | Shelby Berktold | 10 | Lake City | 29.95 | 29.91 | 1 | |

| | | | | | | |
|----|-----------------|----|--------------|-------|-------|---|
| 18 | Ava Haugen | 11 | Zumbrota-Maz | 33.21 | 32.32 | 1 |
| 19 | Juwan Jubek | 12 | Rochester Lo | 32.60 | 32.96 | 1 |
| 20 | Kiley Jeppesen | 10 | Cannon Falls | 33.29 | 33.10 | 1 |
| 21 | Lince Otterness | 9 | Cannon Falls | 36.23 | 35.76 | 1 |
| 22 | Reese Espeseth | 10 | Rochester Lo | 33.10 | 37.91 | 1 |
| -- | Anna Shedivy | 11 | Rochester Lo | 27.71 | DNS | 2 |

Girls 400 Meter Dash

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 Meet Record: 59.24 5/14/2022 Paige Halder, Byron
 Meet Record: 59.64 1988 (hh+) Liz Leaf (Lake City)
 Facility: F 58.73 2001 Laura Hegerle, Kasson-Mantorville

| Name | Year | School | Seed | Finals | H# | Points |
|------|-------------------|--------|--------------|---------|---------|--------|
| 1 | Paige Halder | 12 | Byron | 57.76 | 1:00.01 | 3 12 |
| 2 | Lilah Kurke | 9 | Byron | 1:00.74 | 1:01.29 | 3 10 |
| 3 | Karlynn Gustafson | 11 | Kasson-Manto | 1:01.91 | 1:01.92 | 3 8 |
| 4 | Madelaine Gore | 9 | Kasson-Manto | 1:03.99 | 1:04.43 | 3 6 |
| 5 | Kaila Huneke | 11 | Zumbrota-Maz | 1:04.20 | 1:04.61 | 3 5 |
| 6 | Ashley Dockter | 10 | Byron | 1:05.17 | 1:04.71 | 3 4 |
| 7 | Katie Applen | 12 | Pine Island | 1:04.12 | 1:05.23 | 3 3 |
| 8 | Addie Boraas | 7 | Zumbrota-Maz | 1:06.65 | 1:05.35 | 2 2 |
| 9 | Natalie Gates | 12 | Lake City | 1:05.60 | 1:05.61 | 3 1 |
| 10 | Sadie Coleman | 12 | Kasson-Manto | 1:07.08 | 1:05.78 | 2 |
| 11 | Eva Howes | 10 | Stewartville | 1:06.82 | 1:06.71 | 2 |
| 12 | Audrie Simpson | 11 | Pine Island | 1:07.46 | 1:07.44 | 2 |
| 13 | June Lizarralde | 11 | Pine Island | 1:08.01 | 1:07.61 | 2 |
| 14 | Nyarang Kullang | 11 | Rochester Lo | 1:10.14 | 1:08.60 | 2 |
| 15 | Alivia Schandorff | 9 | Stewartville | 1:11.10 | 1:09.21 | 2 |
| 16 | Stella Beltz | 9 | Lake City | 1:12.01 | 1:10.03 | 1 |
| 17 | Adeline Walterman | 9 | Stewartville | 1:10.43 | 1:10.16 | 2 |
| 18 | Macy Greenawalt | 9 | Lake City | 1:15.79 | 1:10.91 | 1 |
| 19 | Aarione Johnson | 10 | Rochester Lo | 1:12.88 | 1:12.20 | 1 |
| 20 | Gunjwok Deng | 10 | Rochester Lo | 1:15.77 | 1:16.94 | 1 |
| 21 | Amelia Fick | 8 | Cannon Falls | 1:17.52 | 1:20.32 | 1 |

Girls 800 Meter Run

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 Meet Record: 2:18.30 2010 Laurel Ramer (Kasson-Mantorville)
 Facility: F 2:18.17 5/28/2009 Laurel Ramer, Kasson-Mantorville

| Name | Year | School | Seed | Finals | H# | Points |
|------|-------------------|--------|--------------|---------|---------|--------|
| 1 | Anna Peikert | 11 | Rochester Lo | 2:25.20 | 2:25.20 | 2 12 |
| 2 | Mariah Brooks | 12 | Rochester Lo | 2:27.19 | 2:25.58 | 2 10 |
| 3 | Olivia Yotter | 9 | Lake City | 2:30.00 | 2:28.65 | 2 8 |
| 4 | Taylor Matter | 11 | Byron | 2:36.29 | 2:29.40 | 2 6 |
| 5 | Kailey Schneider | 12 | Byron | 2:29.43 | 2:29.79 | 2 5 |
| 6 | Lily Duden | 9 | Zumbrota-Maz | 2:32.40 | 2:30.78 | 2 4 |
| 7 | Paxyn Rendahl | 12 | Pine Island | 2:31.24 | 2:31.34 | 2 3 |
| 8 | Peyton Meincke | 11 | Lake City | 2:31.62 | 2:32.56 | 2 2 |
| 9 | Adisen Skov | 12 | Kasson-Manto | 2:32.30 | 2:32.95 | 2 1 |
| 10 | Kiley Moen | 8 | Kasson-Manto | 2:38.46 | 2:33.82 | 1 |
| 11 | Ruby Flies | 10 | Rochester Lo | 2:40.68 | 2:34.94 | 1 |
| 12 | Elena Kabat | 11 | Pine Island | 2:32.32 | 2:35.64 | 2 |
| 13 | Anna Ask | 10 | Kasson-Manto | 2:37.02 | 2:35.79 | 2 |
| 14 | Cambria Daley | 9 | Byron | 2:38.78 | 2:39.39 | 1 |
| 15 | Dorothy Halder | 9 | Lake City | 2:42.29 | 2:39.82 | 1 |
| 16 | Morgan Schild | 10 | Stewartville | 2:40.57 | 2:42.77 | 1 |
| 17 | Macy Koenen | 10 | Pine Island | 2:45.50 | 2:48.82 | 1 |
| 18 | Abigail Langseth | 10 | Stewartville | 2:52.36 | 2:53.36 | 1 |
| 19 | Zaynah Paider | 9 | Zumbrota-Maz | 2:59.02 | 2:56.92 | 1 |
| 20 | Lydia Gore | 11 | Cannon Falls | 3:02.51 | 2:58.19 | 1 |
| 21 | Isabelle Amsbaugh | 11 | Zumbrota-Maz | 3:06.00 | 3:04.33 | 1 |

22 Olivia Schatz 12 Stewartville 3:04.36 3:13.08 1

Girls 1600 Meter Run

Meet Record: 5:01.99 5/12/2012 Emi Trost, Cannon Falls
Facility: F 5:04.23 2001 Kristi Colbenson, Rushford-Peterson/Housto

| Name | Year | School | Seed | Finals | Points |
|-------------------------|------|--------------|---------|---------|--------|
| 1 Lily Duden | 9 | Zumbrota-Maz | 5:41.37 | 5:44.08 | 12 |
| 2 Elise Campbell | 8 | Stewartville | 5:58.15 | 5:52.19 | 10 |
| 3 Selah Skaran | 8 | Stewartville | 6:14.76 | 5:53.29 | 8 |
| 4 Macy Koenen | 10 | Pine Island | 6:01.56 | 5:54.36 | 6 |
| 5 Alivia Levi | 10 | Pine Island | 6:20.20 | 5:54.72 | 5 |
| 6 Elizabeth Penza | 9 | Rochester Lo | 6:18.21 | 5:55.45 | 4 |
| 7 McKenzie Schultz | 8 | Byron | 6:00.17 | 5:56.72 | 3 |
| 8 Lauren Kennedy | 12 | Lake City | 6:15.29 | 6:00.86 | 2 |
| 9 Cassidy Dillon | 9 | Kasson-Manto | 6:10.77 | 6:01.96 | 1 |
| 10 Kylea Garas | 9 | Byron | 6:08.36 | 6:03.53 | |
| 11 Madelyn Raths | 8 | Byron | 6:03.35 | 6:17.35 | |
| 12 Jenna Kime | 9 | Stewartville | 6:46.45 | 6:41.37 | |
| 13 Miley Hoffarth | 10 | Pine Island | 6:55.81 | 6:44.78 | |
| 14 Alexandra Ebertowski | 12 | Zumbrota-Maz | 6:53.25 | 6:46.76 | |
| 15 Catherine Wolf | 12 | Lake City | 6:55.79 | 6:48.08 | |
| 16 Erin Carter | 11 | Kasson-Manto | | 6:53.82 | |
| 17 Ruby DeDamos | 9 | Rochester Lo | 7:15.48 | 7:02.46 | |
| 18 Natalie Anderson | 12 | Lake City | 7:23.50 | 7:24.87 | |
| 19 Raya Olson | 9 | Kasson-Manto | 7:34.76 | 7:34.10 | |
| 20 Abigail Lindeen | 11 | Rochester Lo | 7:29.32 | 7:41.70 | |

Girls 3200 Meter Run

Meet Record: 11:00.55 2019 Natasha Sortland, Zumbrota-Mazzeppa
Facility: F 10:57.73 5/5/2022 Natasha Sortland, Zumbrota-Maz

| Name | Year | School | Seed | Finals | Points |
|----------------------------|------|--------------|----------|----------|--------|
| 1 Olivia Timbers | 9 | Rochester Lo | 12:12.14 | 12:07.70 | 12 |
| 2 Norah Campbell | 11 | Stewartville | 12:30.48 | 12:24.05 | 10 |
| 3 Luella Jeche | 10 | Stewartville | 12:24.59 | 12:26.51 | 8 |
| 4 Payton Satzke | 12 | Byron | 12:26.32 | 12:29.51 | 6 |
| 5 Ashley Pederson | 11 | Pine Island | 12:29.79 | 12:32.52 | 5 |
| 6 Abigail (Abby) Oxentenko | 12 | Rochester Lo | 12:29.09 | 12:34.95 | 4 |
| 7 Eden Olson | 9 | Lake City | 12:44.59 | 13:01.36 | 3 |
| 8 Grace Pohlman | 9 | Byron | 13:12.87 | 13:05.10 | 2 |
| 9 Selah Skaran | 8 | Stewartville | 13:33.63 | 13:15.95 | 1 |
| 10 Brenna Traynor | | Lake City | | 13:16.07 | |
| 11 Kylea Garas | 9 | Byron | 12:40.87 | 13:23.46 | |
| 12 Salome Osterhaus | 9 | Pine Island | 13:28.13 | 13:33.91 | |
| 13 Cassidy Dillon | 9 | Kasson-Manto | 14:04.59 | 13:50.75 | |
| 14 Lauren Kennedy | 12 | Lake City | 13:43.68 | 14:12.98 | |
| 15 Britta Stiller | 12 | Zumbrota-Maz | 14:17.70 | 14:51.54 | |
| 16 Ayana Osterhaus | 12 | Pine Island | 15:44.57 | 15:54.46 | |
| -- Willa Field | 11 | Lake City | 13:58.94 | SCR | |

Girls 100 Meter Hurdles

Meet Record: 15.54 1991 (hh+) Martha Harris (Byron)
Facility: F 15.47 5/23/2012 Andrea Bartz, Plainview-El

| Name | Year | School | Seed | Finals | H# | Points |
|-----------------|------|--------------|-------|--------|----|--------|
| 1 Taylor Meyer | 9 | Byron | 16.52 | 17.09 | 3 | 12 |
| 2 Sadie Sanders | 11 | Lake City | 15.96 | 17.16 | 3 | 10 |
| 3 Elena Hartung | 11 | Pine Island | 15.88 | 17.57 | 3 | 8 |
| 4 Evelyn Nelson | 12 | Cannon Falls | 17.57 | 17.66 | 3 | 6 |

| | | | | | | | |
|----|----------------------|----|--------------|-------|-------|---|---|
| 5 | Eliza Fletcher | 11 | Pine Island | 17.55 | 18.22 | 3 | 5 |
| 6 | Baily Earnest-Miller | 12 | Lake City | 18.13 | 18.27 | 3 | 4 |
| 7 | Olivia Richardson | 10 | Byron | 17.75 | 18.31 | 3 | 3 |
| 8 | Claire Hayden | 10 | Pine Island | 18.12 | 18.43 | 3 | 2 |
| 9 | Sawyer Sheridan | 11 | Zumbrota-Maz | 18.16 | 18.53 | 2 | 1 |
| 10 | Eleanor Smith | 9 | Kasson-Manto | 18.12 | 18.54 | 3 | |
| 11 | Faith Humphrey | 9 | Kasson-Manto | 19.17 | 18.58 | 2 | |
| 12 | Claire Rager | 7 | Stewartville | 19.30 | 18.87 | 2 | |
| 13 | Mckenzie Holz | 12 | Kasson-Manto | 19.07 | 19.33 | 2 | |
| 14 | Ella DeCook | 9 | Byron | 19.28 | 19.81 | 2 | |
| 15 | Marilyn Mausolf | 8 | Cannon Falls | 19.49 | 20.05 | 2 | |
| 16 | Madison Gruhlke | 10 | Stewartville | 20.84 | 20.51 | 2 | |
| 17 | Dylann Porisch | 9 | Lake City | 19.81 | 20.52 | 2 | |
| 18 | Madelyn En | 10 | Stewartville | 20.88 | 21.07 | 2 | |
| 19 | Emilia Nelson | 8 | Cannon Falls | | 21.38 | 1 | |
| 20 | Amelia Beckenbaugh | 9 | Rochester Lo | 23.08 | 22.95 | 1 | |
| 21 | Addison Lange | 11 | Rochester Lo | | 23.57 | 1 | |

Girls 300 Meter Hurdles

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|--------------|----------------------|-----------|----------------------------------|---------|---------|----|--------|
| ===== | | | | | | | |
| Meet Record: | 45.90 | 5/10/2014 | Brielle Bierman, La Crescent | | | | |
| Facility: | F 46.10 | 2001 | Katrina Johnson, Lewiston-Altura | | | | |
| Name | | Year | School | Seed | Finals | H# | Points |
| ===== | | | | | | | |
| 1 | Carly Halder | 10 | Byron | 48.18 | 48.07 | 3 | 12 |
| 2 | Elena Hartung | 11 | Pine Island | 47.07 | 49.08 | 3 | 10 |
| 3 | Sadie Sanders | 11 | Lake City | 50.22 | 49.87 | 3 | 8 |
| 4 | Taylor Meyer | 9 | Byron | 49.49 | 50.59 | 3 | 6 |
| 5 | Sawyer Sheridan | 11 | Zumbrota-Maz | 50.98 | 51.01 | 3 | 5 |
| 6 | Aubrey Quam | 9 | Kasson-Manto | 52.63 | 51.47 | 2 | 4 |
| 7 | Evelyn Nelson | 12 | Cannon Falls | 52.83 | 51.76 | 2 | 3 |
| 8 | Olivia Richardson | 10 | Byron | 52.46 | 51.84 | 2 | 2 |
| 9 | Eliza Fletcher | 11 | Pine Island | 50.64 | 51.87 | 3 | 1 |
| 10 | Baily Earnest-Miller | 12 | Lake City | 51.69 | 51.94 | 3 | |
| 11 | Claire Hayden | 10 | Pine Island | 53.60 | 53.09 | 2 | |
| 12 | Mckenzie Holz | 12 | Kasson-Manto | 53.14 | 53.94 | 2 | |
| 13 | Claire Rager | 7 | Stewartville | 51.81 | 54.74 | 3 | |
| 14 | Bryn Billmeier | 12 | Rochester Lo | | 54.87 | 1 | |
| 15 | Taya Threinen | 8 | Kasson-Manto | 57.43 | 55.92 | 2 | |
| 16 | Alexsandra Majerus | 9 | Lake City | 56.95 | 56.21 | 2 | |
| 17 | Ava Weis | 10 | Stewartville | 1:00.81 | 58.31 | 1 | |
| 18 | Amelia Beckenbaugh | 9 | Rochester Lo | | 1:06.54 | 1 | |
| -- | Madelyn En | 10 | Stewartville | 1:00.78 | DNS | 2 | |

Girls 4x100 Meter Relay

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|--------------|-----------------------|-----------|--|-------|--------|--|--------|
| ===== | | | | | | | |
| Meet Record: | 50.88 | 2009 | Triton | | | | |
| Meet Record: | 50.94 | 1989 | (hh+) Byron | | | | |
| Facility: | F 50.15 | 5/28/2009 | Triton, Triton | | | | |
| | | | M Nerenhausen, C Head, A Nerenhausen, C Sutherland | | | | |
| School | | | | Seed | Finals | | Points |
| ===== | | | | | | | |
| 1 | Kasson-Mantorville | | | 50.20 | 50.19 | | 12 |
| | 1) Keigan Cummings 11 | | 2) Alexie Awe 9 | | | | |
| | 3) Delaney Awe 11 | | 4) Arabella Knudson 12 | | | | |
| 2 | Stewartville | | | 50.91 | 51.90 | | 10 |
| | 1) Meghan Urban 12 | | 2) Gretchen Howes 10 | | | | |
| | 3) Kylie Minnich 11 | | 4) Jayda Ramaker 11 | | | | |
| 3 | Pine Island | | | 51.80 | 52.03 | | 8 |
| | 1) Reighley Sorum 11 | | 2) McKinley Sorum 9 | | | | |
| | 3) Lyndee Northrop 11 | | 4) Zoe Njus 11 | | | | |
| 4 | Byron | | | 49.89 | 52.38 | | 6 |
| | 1) Jocie Halfman 12 | | 2) Madison Ohm 10 | | | | |

| | | | | |
|-------------------------|------------------------|-------|-------|---|
| 3) Ruby Rowland 9 | 4) Ella Ott 11 | | | |
| 5 Rochester Lourdes | | 52.57 | 53.30 | 5 |
| 1) Anna Shedivy 11 | 2) Ella Shedivy 11 | | | |
| 3) Arianna Holycross 10 | 4) Kaitlyn Nestler 9 | | | |
| 6 Lake City | | 54.11 | 54.02 | 4 |
| 1) Zoey Beltz | 2) Paige Luhman | | | |
| 3) Emily Gates 11 | 4) Delilah Benjamin 10 | | | |
| 7 Cannon Falls | | 53.95 | 54.06 | 3 |
| 1) Madi Jeppesen 9 | 2) Madison Jordan 9 | | | |
| 3) Lucy Lindahl 9 | 4) Kendra Reed 11 | | | |
| 8 Zumbrota-Mazeppa | | 56.60 | 55.34 | 2 |
| 1) Ava Knott 12 | 2) Maddie Seymour 12 | | | |
| 3) Mikayla Scharpen 10 | 4) Autumn Reese 10 | | | |

Girls 4x200 Meter Relay

Meet Record: 1:46.84 1977 y (hh+) Plainview
 Facility: F 1:45.61 5/28/2009 Chatfield, Chatfield
 E Kammer, N Clemens, J Dudek, A VonWald

| School | Seed | Finals | Points |
|-------------------------|------------------------|---------|--------|
| 1 Stewartville | 1:50.04 | 1:50.01 | 12 |
| 1) Avery Nelson 7 | 2) Jayda Ramaker 11 | | |
| 3) Kaydyn Strum 10 | 4) Audrey Shindelar 10 | | |
| 2 Byron | 1:49.34 | 1:50.43 | 10 |
| 1) Ruby Rowland 9 | 2) Madison Ohm 10 | | |
| 3) Ashley Dockter 10 | 4) Carly Halder 10 | | |
| 3 Zumbrota-Mazeppa | 1:54.36 | 1:52.19 | 8 |
| 1) Autumn Reese 10 | 2) Addie Boraas 7 | | |
| 3) Mikayla Scharpen 10 | 4) Kaila Huneke 11 | | |
| 4 Lake City | 1:56.24 | 1:53.08 | 6 |
| 1) Zoey Beltz | 2) Paige Luhman | | |
| 3) Emily Gates 11 | 4) Delilah Benjamin 10 | | |
| 5 Kasson-Mantorville | 1:56.30 | 1:53.90 | 5 |
| 1) Aubrey Quam 9 | 2) Hailey Otterness 11 | | |
| 3) Josie Finley 8 | 4) Taelyn Narveson 7 | | |
| 6 Rochester Lourdes | 1:53.09 | 1:56.22 | 4 |
| 1) Hannah Raffals 8 | 2) Evy Friederichs 8 | | |
| 3) Arianna Holycross 10 | 4) Kaitlyn Nestler 9 | | |
| 7 Pine Island | 1:51.65 | 1:58.20 | 3 |
| 1) Katie Applen 12 | 2) McKinley Sorum 9 | | |
| 3) Reese Koenen 12 | 4) Zoe Njus 11 | | |
| 8 Cannon Falls | 2:02.88 | 2:00.69 | 2 |
| 1) Lucy Lindahl 9 | 2) Madison Jordan 9 | | |
| 3) Kiley Jeppesen 10 | 4) Cindy Zheng 10 | | |

Girls 4x400 Meter Relay

Meet Record: 4:04.34 2010 Kasson-Mantorville, Kasson-Mant.
 C Weber, H Buchl, A Manitz, L Ramer
 Facility: F 4:03.04 2000 Hayfield, Hayfield

| School | Seed | Finals | Points |
|-----------------------|-------------------------|---------|--------|
| 1 Zumbrota-Mazeppa | 4:22.46 | 4:18.66 | 12 |
| 1) Sawyer Sheridan 11 | 2) Addie Boraas 7 | | |
| 3) Kaila Huneke 11 | 4) Lily Duden 9 | | |
| 2 Kasson-Mantorville | 4:21.74 | 4:20.38 | 10 |
| 1) Anna Ask 10 | 2) Madelaine Gore 9 | | |
| 3) Ellie Ask 12 | 4) Karlynn Gustafson 11 | | |
| 3 Pine Island | 4:18.55 | 4:22.68 | 8 |
| 1) Katie Applen 12 | 2) Paxyn Rendahl 12 | | |
| 3) Eliza Fletcher 11 | 4) Macy Koenen 10 | | |
| 4 Byron | 4:15.78 | 4:23.33 | 6 |

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|-------------------------|----------------------------|---------|---------|---|
| 1) Olivia Richardson 10 | 2) Cambria Daley 9 | | | |
| 3) Taylor Meyer 9 | 4) Paige Halder 12 | | | |
| 5 Lake City | | 4:17.38 | 4:23.84 | 5 |
| 1) Sadie Sanders 11 | 2) Zoey Beltz | | | |
| 3) Delilah Benjamin 10 | 4) Baily Earnest-Miller 12 | | | |
| 6 Rochester Lourdes | | 4:18.54 | 4:31.04 | 4 |
| 1) Evy Friederichs 8 | 2) Ella Shedivy 11 | | | |
| 3) Kaitlyn Nestler 9 | 4) Anna Shedivy 11 | | | |
| 7 Stewartville | | 4:22.53 | 4:38.48 | 3 |
| 1) Claire Rager 7 | 2) Adeline Waltermann 9 | | | |
| 3) Eva Howes 10 | 4) Olivia Meyer 10 | | | |
| 8 Cannon Falls | | 4:52.25 | 4:46.87 | 2 |
| 1) Evelyn Nelson 12 | 2) Emilia Nelson 8 | | | |
| 3) Lydia Gore 11 | 4) Rylann Miller 9 | | | |

Girls 4x800 Meter Relay

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|----------------------------|---------|------|---|----------|--------|
| Meet Record: | 9:45.26 | 2010 | Kasson-Mantorville, Kasson-Mant. | | |
| | | | H Mikkalson, A Bratrud, A Manitz, L Ramer | | |
| Facility: F | 9:38.56 | 2000 | Lewiston-Altura, Lewiston-Altura | | |
| School | | | Seed | Finals | Points |
| 1 Lake City | | | 10:14.65 | 9:45.89 | 12 |
| 1) Peyton Meincke 11 | | | 2) Eden Olson 9 | | |
| 3) Natalie Gates 12 | | | 4) Olivia Yotter 9 | | |
| 2 Rochester Lourdes | | | 10:08.06 | 9:54.95 | 10 |
| 1) Olivia Timbers 9 | | | 2) Abigail (Abby) Oxentencko 12 | | |
| 3) Anna Peikert 11 | | | 4) Ruby Flies 10 | | |
| 3 Byron | | | 10:18.78 | 10:08.58 | 8 |
| 1) Taylor Matter 11 | | | 2) Cambria Daley 9 | | |
| 3) Payton Satzke 12 | | | 4) Kailey Schneider 12 | | |
| 4 Stewartville | | | 10:24.95 | 10:15.64 | 6 |
| 1) Elise Campbell 8 | | | 2) Morgan Arndt 7 | | |
| 3) Norah Campbell 11 | | | 4) Luella Jeche 10 | | |
| 5 Kasson-Mantorville | | | 10:54.14 | 10:21.23 | 5 |
| 1) Anna Ask 10 | | | 2) Kiley Moen 8 | | |
| 3) Ellie Ask 12 | | | 4) Adisen Skov 12 | | |
| 6 Pine Island | | | 10:19.41 | 10:21.61 | 4 |
| 1) Audrie Simpson 11 | | | 2) Elena Kabat 11 | | |
| 3) Ashley Pederson 11 | | | 4) Paxyn Rendahl 12 | | |
| 7 Zumbrota-Mazeppa | | | 12:26.12 | 12:23.88 | 3 |
| 1) Zaynah Paider 9 | | | 2) Britta Stiller 12 | | |
| 3) Alexandra Ebertowski 12 | | | 4) Isabelle Amsbaugh 11 | | |

Girls High Jump

| | | | | | | |
|---------------------|------|-----------|---------------------------------|---------|---------|--------|
| Meet Record: | 5-06 | 1991 | Martha Harris (Byron) | | | |
| Meet Record: | 5-06 | 5/10/2014 | Taylor Wiebke, Kasson-Manto | | | |
| Facility: F | 5-09 | 5/9/2015 | Taylor Wiebke, Kasson-Mantorvil | | | |
| Name | | Year | School | Seed | Finals | Points |
| 1 Paige Halder | | 12 | Byron | 5-04.00 | 5-03.00 | 12 |
| 2 Audrey Shindelar | | 10 | Stewartville | 5-00.00 | 4-10.00 | 10 |
| 3 Delaney Awe | | 11 | Kasson-Manto | 4-08.00 | 4-10.00 | 7 |
| 3 Ava Knott | | 12 | Zumbrota-Maz | 5-00.00 | 4-10.00 | 7 |
| 5 Morgan Schild | | 10 | Stewartville | 4-10.00 | 4-10.00 | 5 |
| 6 Katie Applen | | 12 | Pine Island | 4-10.00 | 4-10.00 | 4 |
| 7 Maddie Seymour | | 12 | Zumbrota-Maz | 5-00.00 | 4-08.00 | 3 |
| 8 Jade Severson | | 11 | Pine Island | 4-08.00 | 4-08.00 | 2 |
| 9 Cindy Zheng | | 10 | Cannon Falls | 4-08.00 | 4-08.00 | 0.50 |
| 9 Keigan Cummings | | 11 | Kasson-Manto | 4-08.00 | 4-08.00 | 0.50 |
| 11 Madilyn Schwirtz | | 11 | Rochester Lo | 4-10.00 | 4-08.00 | |
| 11 Ella Schmoll | | 11 | Pine Island | 5-00.00 | 4-08.00 | |

| | | | | | |
|----|--------------------|----|--------------|---------|---------|
| 13 | Dorothy Halder | 9 | Lake City | 4-08.00 | 4-06.00 |
| 13 | Eleanor Smith | 9 | Kasson-Manto | 4-06.00 | 4-06.00 |
| 13 | Olivia Meyer | 10 | Stewartville | 4-08.00 | 4-06.00 |
| 13 | Madison Jordan | 9 | Cannon Falls | 4-08.00 | 4-06.00 |
| 13 | Madi Jeppesen | 9 | Cannon Falls | 4-08.00 | 4-06.00 |
| 18 | Sophia Richardson | 10 | Byron | 4-08.00 | 4-04.00 |
| -- | Amelia Beckenbaugh | 9 | Rochester Lo | | NH |
| -- | Addison Lange | 11 | Rochester Lo | 4-00.00 | NH |
| -- | Madison Ohm | 10 | Byron | | NH |
| -- | Sadie Sanders | 11 | Lake City | 5-00.00 | NH |
| -- | Dylann Porisch | 9 | Lake City | 4-04.00 | NH |
| -- | Ashlyn Kelm | 9 | Byron | 4-10.00 | SCR |

Girls Pole Vault

| | | | | | | |
|--------------|------------------------|---------|--------------|------------------------------|----------|--------|
| Meet Record: | | 11-00 | 2008 | Shannon Stever (La Crescent) | | |
| Facility: | | F 11-04 | 2009 | Shannon Stever, La Crescent | | |
| Name | | Year | School | Seed | Finals | Points |
| 1 | Ella Ott | 11 | Byron | 10-00.00 | 10-00.00 | 12 |
| 2 | Claire Krook | 11 | Byron | 10-00.00 | 10-00.00 | 10 |
| 3 | Jocie Halfman | 12 | Byron | 9-06.00 | 10-00.00 | 8 |
| 4 | Meghan Urban | 12 | Stewartville | 10-00.00 | 9-06.00 | 6 |
| 5 | Lucy Lindahl | 9 | Cannon Falls | 8-06.00 | 8-00.00 | 5 |
| 6 | Sommer Post | 12 | Zumbrota-Maz | 8-00.00 | 8-00.00 | 4 |
| 7 | Baily Earnest-Miller | 12 | Lake City | 8-00.00 | 8-00.00 | 3 |
| 8 | Annalise Sherman | 10 | Pine Island | 8-06.00 | 7-06.00 | 2 |
| 9 | Selah Skaran | 8 | Stewartville | 7-06.00 | 7-00.00 | 0.50 |
| 9 | Ella Aarsvold | 10 | Kasson-Manto | 6-06.00 | 7-00.00 | 0.50 |
| -- | Abby Hewitt | 10 | Pine Island | 7-00.00 | NH | |
| -- | Britta Stiller | 12 | Zumbrota-Maz | 7-00.00 | NH | |
| -- | Mckenzie Holz | 12 | Kasson-Manto | 6-03.00 | NH | |
| -- | Beverly Lopez Gonzalez | 12 | Lake City | 6-06.00 | NH | |
| -- | Catherine Wolf | 12 | Lake City | 7-00.00 | NH | |
| -- | Alex Lennon | 11 | Stewartville | 7-06.00 | NH | |
| -- | Evy Skierka | 11 | Pine Island | 7-00.00 | NH | |
| -- | Rylann Miller | 9 | Cannon Falls | 8-00.00 | DNS | |

Girls Long Jump

| | | | | | | |
|--------------|-------------------|----------|--------------|-------------------------|----------|--------|
| Meet Record: | | 18-01.75 | 5/13/2017 | Mara Quam, Kenyon-Wanam | | |
| Facility: | | F 18-00 | 5/4/2017 | Mara Quam, Kenyon-Wanam | | |
| Name | | Year | School | Seed | Finals | Points |
| 1 | Arabella Knudson | 12 | Kasson-Manto | 18-02.00 | 17-00.75 | 12 |
| 2 | Reese Koenen | 12 | Pine Island | 16-08.00 | 16-02.75 | 10 |
| 3 | Audrey Shindelar | 10 | Stewartville | 15-11.50 | 16-02.00 | 8 |
| 4 | Alexie Awe | 9 | Kasson-Manto | 16-10.00 | 15-07.50 | 6 |
| 5 | Meghan Urban | 12 | Stewartville | 17-03.00 | 15-05.00 | 5 |
| 6 | Lyndee Northrop | 11 | Pine Island | 15-08.25 | 15-04.25 | 4 |
| 7 | Sophia Richardson | 10 | Byron | 16-04.25 | 15-04.25 | 3 |
| 8 | Alexa Schrooten | 11 | Byron | 15-00.00 | 14-11.00 | 2 |
| 9 | Kendra Reed | 11 | Cannon Falls | 15-00.50 | 14-11.00 | 1 |
| 10 | Taelyn Narveson | 7 | Kasson-Manto | 14-09.00 | 14-04.00 | |
| 11 | Autumn Reese | 10 | Zumbrota-Maz | 14-00.50 | 14-00.25 | |
| 12 | Lisa Hoehne | 9 | Pine Island | 14-00.50 | 13-10.75 | |
| 13 | Kaila Huneke | 11 | Zumbrota-Maz | 14-08.50 | 13-09.00 | |
| 14 | Madilyn Schwirtz | 11 | Rochester Lo | 14-03.00 | 13-07.00 | |
| 15 | Stella Beltz | 9 | Lake City | 12-09.25 | 13-03.00 | |
| 16 | Brystol Schmidt | 8 | Stewartville | 15-05.00 | 13-02.50 | |
| 17 | Leah Ellavasky | 9 | Byron | 14-07.00 | 13-01.00 | |
| 18 | Zoey Beltz | | Lake City | 12-08.00 | 12-06.00 | |
| 19 | Stella Pelowski | 11 | Rochester Lo | 12-03.00 | 12-00.25 | |

20 Milla Christenson

9 Lake City

6-02.00

Girls Triple Jump

| ===== | | | | | | |
|--------------------------|----------|--------------|-------------------------|----------|--------|--|
| Meet Record: | 36-09.75 | 5/13/2017 | Mara Quam, Kenyon-Wanam | | | |
| Facility: | F 37-02 | 2001 | Nina Petersen, Byron | | | |
| Name | Year | School | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 Carly Halder | 10 | Byron | 36-02.00 | 35-05.25 | 12 | |
| 2 Haley Laures | 11 | Stewartville | 34-03.25 | 35-01.50 | 10 | |
| 3 Reese Koenen | 12 | Pine Island | 34-11.50 | 34-10.25 | 8 | |
| 4 Sophia Richardson | 10 | Byron | 33-07.00 | 33-07.50 | 6 | |
| 5 Avery Nelson | 7 | Stewartville | 33-05.50 | 33-06.50 | 5 | |
| 6 Mikayla Scharpen | 10 | Zumbrota-Maz | 32-02.25 | 32-08.50 | 4 | |
| 7 Kendra Reed | 11 | Cannon Falls | 32-01.00 | 32-03.25 | 3 | |
| 8 Olivia Richardson | 10 | Byron | 33-04.00 | 32-00.00 | 2 | |
| 9 Kylie Minnich | 11 | Stewartville | 32-05.25 | 31-09.75 | 1 | |
| 10 Ava Threinen | 11 | Kasson-Manto | 30-10.50 | 30-11.75 | | |
| 11 Claire Schwirtz | 9 | Rochester Lo | 30-07.50 | 30-00.25 | | |
| 12 Evie Lujero | 9 | Pine Island | 30-02.00 | 29-05.50 | | |
| 13 Zoe Njus | 11 | Pine Island | 30-10.00 | 29-03.50 | | |
| 14 Ava Richardson | 10 | Kasson-Manto | 30-04.00 | 29-02.00 | | |
| 15 Aliyah Levos-Espinoza | 9 | Kasson-Manto | 29-05.00 | 28-01.50 | | |
| 16 Brianna Rossow | 9 | Rochester Lo | 27-09.00 | 25-03.00 | | |
| 17 Evelyn Rogness | 10 | Lake City | 27-08.50 | 25-01.00 | | |
| 18 Annika Stevenson | 9 | Lake City | 22-09.50 | 24-02.50 | | |
| 19 Kylie Kutina | 9 | Lake City | | 21-07.00 | | |

Girls Shot Put

| ===== | | | | | | |
|----------------------|---------|--------------|-----------------------------------|----------|----|--------|
| Meet Record: | 41-07 | 1997 | Meaghan Beck (Byron) | | | |
| Facility: | F 43-06 | 4/13/2015 | Maddie Lindhart, Zumbrota-Mazeppa | | | |
| Name | Year | School | Seed | Finals | H# | Points |
| ===== | | | | | | |
| 1 Madi Hamilton | 11 | Byron | 34-07.00 | 33-09.50 | 2 | 12 |
| 2 Ella Theobald | 10 | Stewartville | 35-07.00 | 33-03.00 | 2 | 10 |
| 3 Ava Mertesdorf | 11 | Byron | 36-05.50 | 33-02.50 | 2 | 8 |
| 4 Ava Jensson | 11 | Stewartville | 31-09.50 | 29-07.50 | 2 | 6 |
| 5 Ayla Yetzer | 12 | Pine Island | 29-11.00 | 28-11.00 | 2 | 5 |
| 6 Rylie Olive | 12 | Byron | 31-01.50 | 28-10.00 | 2 | 4 |
| 7 Annika Glomski | 12 | Lake City | 28-07.00 | 28-06.50 | 2 | 3 |
| 8 Brenna Houdek | 11 | Pine Island | 27-10.50 | 27-07.50 | 2 | 2 |
| 9 Kadee Klusmann | 9 | Pine Island | 27-06.50 | 27-00.00 | 2 | 1 |
| 10 Sara Auger | 12 | Cannon Falls | 26-00.75 | 26-07.50 | 1 | |
| 11 Chloe Merchlewitz | 10 | Cannon Falls | 26-09.50 | 25-00.00 | 2 | |
| 12 Morgyn Manion | 9 | Stewartville | 24-10.25 | 24-10.50 | 1 | |
| 13 Kaia Langemo | 12 | Kasson-Manto | 24-06.00 | 23-07.50 | 1 | |
| 14 Harper Crable | 9 | Kasson-Manto | 25-11.00 | 23-02.50 | 1 | |
| 15 Addisyn Coker | 8 | Kasson-Manto | 21-05.00 | 22-07.00 | 1 | |
| 16 Isabelle Amsbaugh | 11 | Zumbrota-Maz | 22-00.50 | 20-05.00 | 1 | |
| 17 Summer Meyer | 10 | Lake City | 21-03.00 | 20-03.00 | 1 | |
| 18 Jacee Lowy | 9 | Lake City | 20-05.00 | 20-02.00 | 1 | |
| 19 Ruby DeDamos | 9 | Rochester Lo | 26-00.25 | 19-05.00 | 1 | |
| 20 Carol Robinson | 9 | Rochester Lo | 15-09.00 | 16-10.00 | 1 | |

Girls Discus Throw

| ===== | | | | | | |
|-----------------------|----------|--------------|-----------------------------------|--------|----|--------|
| Meet Record: | 127-10 | 1998 | Nicole Wellik (Stewartville) | | | |
| Facility: | F 132-04 | 5/9/2015 | Maddie Lindhart, Zumbrota-Mazeppa | | | |
| Name | Year | School | Seed | Finals | H# | Points |
| ===== | | | | | | |
| 1 Ella Theobald | 10 | Stewartville | 104-04 | 107-02 | 2 | 12 |
| 2 Gabriela Polikowsky | 12 | Byron | 96-11.50 | 100-00 | 2 | 10 |

| | | | | | | | |
|----|-------------------|----|--------------|----------|-------|---|---|
| 3 | Kylie Minnich | 11 | Stewartville | 97-01.50 | 97-06 | 2 | 8 |
| 4 | Lyndee Northrop | 11 | Pine Island | 105-08 | 97-02 | 2 | 6 |
| 5 | Rylie Olive | 12 | Byron | 112-08 | 91-06 | 2 | 5 |
| 6 | Addisyn Coker | 8 | Kasson-Manto | 91-05 | 87-02 | 2 | 4 |
| 7 | Jade Severson | 11 | Pine Island | 86-06 | 85-08 | 2 | 3 |
| 8 | Ava Jensson | 11 | Stewartville | 85-06 | 83-10 | 2 | 2 |
| 9 | Erin Taylor | 10 | Pine Island | 85-02 | 83-04 | 2 | 1 |
| 10 | Kiley Jeppesen | 10 | Cannon Falls | 70-06 | 76-05 | 1 | |
| 11 | Harper Crable | 9 | Kasson-Manto | 75-10.25 | 73-00 | 1 | |
| 12 | Ava Mertesdorf | 11 | Byron | 92-07 | 72-08 | 2 | |
| 13 | Chloe Merchlewitz | 10 | Cannon Falls | 75-02 | 65-11 | 1 | |
| 14 | Sara Auger | 12 | Cannon Falls | 82-09 | 64-02 | 1 | |
| 15 | Kaia Langemo | 12 | Kasson-Manto | 70-05 | 63-08 | 1 | |
| 16 | Summer Meyer | 10 | Lake City | 61-01 | 58-11 | 1 | |
| 17 | Ruby DeDamos | 9 | Rochester Lo | 64-05 | 56-11 | 1 | |
| 18 | Annika Stevenson | 9 | Lake City | 49-02 | 54-03 | 1 | |
| 19 | Isabelle Amsbaugh | 11 | Zumbrota-Maz | 48-05.50 | 42-10 | 1 | |
| -- | Evelyn Rogness | 10 | Lake City | 84-10 | ND | 1 | |

Boys 100 Meter Dash

Meet Record: 10.87 5/14/2022 RJ Sylak, Zumbrota-Mazeppa
 Meet Record: 11.24 1979 (hh+) Steve Woessner (Stewartville)
 Facility: F 11.27 2001 Jared Chambers, Cannon Falls

| Name | Year | School | Seed | Finals | H# | Points | |
|------|--------------------|--------|--------------|--------|-------|--------|--------|
| 1 | Logan Johnson | 12 | Stewartville | 11.18 | 11.65 | 3 | 12 |
| 2 | Dylan Scanlan | 11 | Stewartville | 11.17 | 11.74 | 3 | 10 |
| 3 | Owen Harstad | 10 | Pine Island | 11.49 | 11.91 | 3 | 8 |
| 4 | Bentley Lujero | 12 | Pine Island | 11.62 | 11.93 | 3 | 6 |
| 5 | Liam Schick | 12 | Byron | 11.49 | 11.96 | 3 | 5 |
| 6 | Brayden Olson | 11 | Byron | 11.67 | 12.03 | 3 | 4 |
| 7 | Graysen Schneider | 11 | Stewartville | 11.51 | 12.04 | 3 | 3 |
| 8 | Tysen Lind | 11 | Cannon Falls | 11.84 | 12.06 | 2 | 2 |
| 9 | Caleb Akinbolu | 10 | Rochester Lo | 11.85 | 12.08 | 2 | 1 |
| 10 | Peyton Loftus | 9 | Pine Island | 11.77 | 12.19 | 3 | |
| 11 | Beau Nicklay | 9 | Byron | 11.96 | 12.22 | 2 | 12.219 |
| 12 | Joshua Buchl | 12 | Kasson-Manto | 11.83 | 12.22 | 3 | 12.220 |
| 13 | Blake Moynagh | 9 | Rochester Lo | 12.21 | 12.24 | 2 | |
| 14 | Carter Lane | 12 | Lake City | 11.96 | 12.26 | 2 | |
| 15 | Colten Litschke | 11 | Cannon Falls | 12.04 | 12.30 | 2 | |
| 16 | T.J. Eddins | 12 | Cannon Falls | 11.98 | 12.31 | 2 | |
| 17 | Brayden Bennerotte | 10 | Kasson-Manto | 12.36 | 12.45 | 1 | |
| 18 | Gryffon Funke | 12 | Kasson-Manto | 12.03 | 12.50 | 2 | |
| 19 | Mardoche Pierson | 12 | Rochester Lo | 12.31 | 12.79 | 2 | |
| 20 | Logan Kevan | 11 | Zumbrota-Maz | 13.00 | 13.01 | 1 | |
| 21 | Gunnar Seydel | 12 | Lake City | 12.87 | 13.23 | 1 | |
| 22 | Angel Gonzalez | 12 | Zumbrota-Maz | 13.85 | 13.61 | 1 | |
| 23 | Gage Starr | 12 | Zumbrota-Maz | | 13.78 | 1 | |
| -- | Luke Narum | 10 | Lake City | 12.68 | DQ | 1 | |

Boys 200 Meter Dash

Meet Record: 22.24 1966 y (hh+) G. Caunauty (St. Charles)
 Facility: F 22.33 5/31/2008 Caleb Rissman, Triton

| Name | Year | School | Seed | Finals | H# | Points | |
|------|---------------|--------|--------------|--------|-------|--------|----|
| 1 | Dylan Scanlan | 11 | Stewartville | 22.80 | 23.41 | 3 | 12 |
| 2 | Logan Johnson | 12 | Stewartville | 22.86 | 23.49 | 3 | 10 |
| 3 | Owen Harstad | 10 | Pine Island | 23.47 | 23.58 | 3 | 8 |
| 4 | Jonah Coleman | 10 | Kasson-Manto | 23.77 | 23.62 | 3 | 6 |
| 5 | Parker Wangen | 11 | Stewartville | 24.08 | 23.81 | 3 | 5 |
| 6 | Abe Ferber | 11 | Pine Island | 23.68 | 23.87 | 3 | 4 |

| | | | | | | | |
|----|--------------------|----|--------------|-------|-------|---|--------|
| 7 | Benjamin Zimmerman | 11 | Byron | 23.35 | 24.08 | 3 | 3 |
| 8 | Liam Schick | 12 | Byron | | 24.39 | 1 | 2 |
| 9 | Blake Schiltz | 11 | Pine Island | 25.16 | 24.45 | 2 | 1 |
| 10 | Paxton Xiong | 10 | Byron | 24.50 | 24.63 | 3 | |
| 11 | Colten Litschke | 11 | Cannon Falls | 24.74 | 24.92 | 2 | |
| 12 | Evan Jones | 12 | Rochester Lo | 24.94 | 25.02 | 2 | |
| 13 | Joshua Buchl | 12 | Kasson-Manto | 26.00 | 25.22 | 1 | |
| 14 | Max Pederson | 9 | Rochester Lo | 25.36 | 25.43 | 2 | 25.424 |
| 15 | Ean O'Neill | 9 | Kasson-Manto | 25.39 | 25.43 | 2 | 25.426 |
| 16 | Warren Stoltz | 10 | Lake City | 26.92 | 25.72 | 1 | |
| 17 | Luke Narum | 10 | Lake City | 25.60 | 25.77 | 2 | |
| 18 | Andrew Monjaraz | 9 | Zumbrota-Maz | 26.57 | 26.37 | 1 | |
| 19 | Sutton Fix | 11 | Rochester Lo | 25.99 | 26.78 | 1 | |
| 20 | Wyatt Mosser | 11 | Cannon Falls | 25.98 | 26.95 | 2 | |
| 21 | Nolan Rude | 9 | Zumbrota-Maz | 28.45 | 27.78 | 1 | |
| 22 | Angel Gonzalez | 12 | Zumbrota-Maz | | 28.18 | 1 | |
| 23 | Robert Keehn | 9 | Lake City | 29.83 | 29.99 | 1 | |
| -- | Caelan Heinlein | 9 | Cannon Falls | 25.33 | DNS | 2 | |
| -- | James Zinser | 9 | Zumbrota-Maz | 27.25 | SCR | | |

Boys 400 Meter Dash

| | | | | | | | |
|--------------|-----------------------|---------|--------------|-----------------------------------|---------|--------|----|
| Meet Record: | | 49.14 | 1984 | (hh+) Jim Grebin (Austin Pacelli) | | | |
| Facility: | | F 49.33 | 2001 | Lance Moen, Stewartville | | | |
| Name | Year | School | Seed | Finals | H# | Points | |
| 1 | Jonah Coleman | 10 | Kasson-Manto | 52.35 | 52.15 | 3 | 12 |
| 2 | Indy Judd | 10 | Zumbrota-Maz | 52.90 | 52.50 | 3 | 10 |
| 3 | Ryder Schmidt | 11 | Pine Island | 53.12 | 52.65 | 3 | 8 |
| 4 | Gryffon Funke | 12 | Kasson-Manto | 56.00 | 53.78 | 2 | 6 |
| 5 | Ty Gibson | 12 | Pine Island | 55.69 | 53.83 | 3 | 5 |
| 6 | Charlie Wood | 12 | Stewartville | 53.87 | 54.37 | 3 | 4 |
| 7 | Brayden Bennerotte | 10 | Kasson-Manto | 56.26 | 54.79 | 2 | 3 |
| 8 | Jack Buntrock | 12 | Stewartville | 53.68 | 55.02 | 3 | 2 |
| 9 | Justice Deno | 11 | Stewartville | 56.52 | 56.29 | 2 | 1 |
| 10 | Connor Fogarty | 12 | Zumbrota-Maz | 55.19 | 56.32 | 3 | |
| 11 | Caden Anderson | 9 | Byron | | 56.38 | 1 | |
| 12 | Jamison Rosane | 11 | Pine Island | 54.77 | 56.66 | 3 | |
| 13 | Warren Stoltz | 10 | Lake City | 1:00.09 | 56.94 | 2 | |
| 14 | Ethan Deters | 10 | Byron | 57.25 | 57.42 | 2 | |
| 15 | Nahom Assefa | 12 | Rochester Lo | 58.24 | 58.29 | 2 | |
| 16 | Wyatt Mosser | 11 | Cannon Falls | 58.15 | 58.34 | 2 | |
| 17 | Andrew Feine | 9 | Byron | 59.01 | 58.53 | 2 | |
| 18 | Gunnar Seydel | 12 | Lake City | 1:01.17 | 1:00.84 | 1 | |
| 19 | Jack Dougan | 11 | Rochester Lo | 1:05.13 | 1:03.80 | 1 | |
| 20 | Eric Nicholson | 10 | Zumbrota-Maz | 1:06.03 | 1:04.80 | 1 | |
| 21 | Junior Lopez Gonzalez | 11 | Lake City | 1:06.78 | 1:05.63 | 1 | |
| 22 | Zach Johnson | 12 | Cannon Falls | 1:15.75 | 1:13.31 | 1 | |
| -- | Christopher Tweet | 9 | Rochester Lo | 1:04.69 | DNS | 1 | |

Boys 800 Meter Run

| | | | | | | | |
|--------------|------------------|-----------|--------------|---------------------------------|---------|--------|----|
| Meet Record: | | 1:53.64 | 1994 | (hh+) Jason Owen (Stewartville) | | | |
| Facility: | | F 1:57.81 | 2001 | Jordan Barnes, Plainview | | | |
| Name | Year | School | Seed | Finals | H# | Points | |
| 1 | David Obst | 10 | Kasson-Manto | 2:02.15 | 2:03.08 | 2 | 12 |
| 2 | Josh Langseth | 11 | Stewartville | 2:04.58 | 2:03.30 | 2 | 10 |
| 3 | Conrad Seydel | 10 | Lake City | 2:09.70 | 2:04.81 | 2 | 8 |
| 4 | Weston Roberson | 11 | Lake City | 2:07.62 | 2:04.89 | 2 | 6 |
| 5 | Bo Rosane | 9 | Pine Island | 2:06.43 | 2:05.36 | 2 | 5 |
| 6 | Mathias Zoellner | 8 | Byron | 2:10.47 | 2:09.19 | 2 | 4 |
| 7 | Caleb Hanse | 12 | Stewartville | 2:10.65 | 2:10.43 | 2 | 3 |

| | | | | | | | |
|----------|------------------------|----|--------------|---------|---------|---|---|
| 8 | Jamison Rosane | 11 | Pine Island | 2:05.33 | 2:11.52 | 2 | 2 |
| 2:11.514 | | | | | | | |
| 9 | Jack Owen | 9 | Stewartville | 2:09.47 | 2:11.52 | 2 | 1 |
| 2:11.516 | | | | | | | |
| 10 | Kirt Rude | 10 | Zumbrota-Maz | 2:19.69 | 2:18.28 | 1 | |
| 11 | Kalin Anderson | 9 | Kasson-Manto | 2:16.86 | 2:19.89 | 2 | |
| 12 | Brian Lujan | 12 | Byron | 2:17.08 | 2:21.53 | 1 | |
| 13 | Kaden Chim | 10 | Pine Island | 2:25.92 | 2:21.59 | 1 | |
| 14 | Kian Mcmenomy | 10 | Rochester Lo | 2:23.05 | 2:24.03 | 1 | |
| 15 | Leonel Hernandez-Lopez | 11 | Cannon Falls | 2:35.02 | 2:36.38 | 1 | |
| 16 | Evan Lujan | 10 | Byron | 2:37.48 | 2:41.52 | 1 | |
| 17 | Mason Counsell | 9 | Zumbrota-Maz | | 2:44.21 | 1 | |
| 18 | Owen Wyant | 9 | Rochester Lo | 2:45.50 | 2:47.16 | 1 | |
| 19 | Jude Schulte | 9 | Zumbrota-Maz | 2:56.57 | 2:52.11 | 1 | |

Boys 1600 Meter Run

| | | | | | | | |
|--------------|------------------|-----------|----------------------------------|---------|---------|----|--|
| ===== | | | | | | | |
| Meet Record: | 4:15.37 | 2006 | Mike Torchia (Rochester Lourdes) | | | | |
| Facility: | F 4:20.73 | 5/31/2008 | Donny Wasinger, Cotter | | | | |
| Name | Year | School | Seed | Finals | Points | | |
| ===== | | | | | | | |
| 1 | David Obst | 10 | Kasson-Manto | 4:29.72 | 4:41.83 | 12 | |
| 2 | Josh Langseth | 11 | Stewartville | 4:30.26 | 4:44.17 | 10 | |
| 3 | Seth Konik | 11 | Pine Island | 4:42.75 | 4:50.90 | 8 | |
| 4 | Riley Bram | 9 | Zumbrota-Maz | 5:04.69 | 4:58.46 | 6 | |
| 5 | Nolan Schatz | 8 | Stewartville | 5:01.91 | 4:59.30 | 5 | |
| 6 | Vaughn Anderson | 9 | Pine Island | 5:06.26 | 5:04.91 | 4 | |
| 7 | Isaac Anderson | 11 | Cannon Falls | 5:20.11 | 5:25.45 | 3 | |
| 8 | Nate Stevenson | 12 | Lake City | 5:31.41 | 5:27.73 | 2 | |
| 9 | Henry Morgan | 11 | Pine Island | 5:25.32 | 5:29.73 | 1 | |
| 10 | Logan Lee | 11 | Zumbrota-Maz | 5:49.68 | 5:33.11 | | |
| 11 | Garrett Norton | 12 | Stewartville | 5:57.60 | 5:36.65 | | |
| 12 | Caiden McClure | 10 | Byron | 5:44.32 | 5:44.46 | | |
| 13 | Eli Anderson | 8 | Cannon Falls | 5:52.90 | 5:47.72 | | |
| 14 | Brody Benjamin | 8 | Lake City | 5:52.43 | 5:47.90 | | |
| 15 | Mason Ryan | 12 | Byron | 5:58.46 | 5:48.85 | | |
| 16 | Evan Lujan | 10 | Byron | | 5:53.56 | | |
| 17 | Luke White | 10 | Kasson-Manto | 6:07.29 | 6:09.08 | | |
| -- | Jack Stalboerger | 11 | Byron | 5:53.63 | SCR | | |
| -- | Will Hauser | 10 | Zumbrota-Maz | 6:47.65 | SCR | | |

Boys 3200 Meter Run

| | | | | | | | |
|--------------|------------------|-----------|----------------------------------|----------|----------|----|--|
| ===== | | | | | | | |
| Meet Record: | 9:14.23 | 2006 | Mike Torchia (Rochester Lourdes) | | | | |
| Facility: | F 9:22.87 | 5/27/2008 | Donn Wasinger, Cotter | | | | |
| Name | Year | School | Seed | Finals | Points | | |
| ===== | | | | | | | |
| 1 | Charlie Deick | 9 | Rochester Lo | 10:30.99 | 10:49.33 | 12 | |
| 2 | Jacob Williamson | 10 | Zumbrota-Maz | 11:01.02 | 10:57.47 | 10 | |
| 3 | Nolan Schatz | 8 | Stewartville | 10:43.66 | 11:04.16 | 8 | |
| 4 | Caleb Kevan | 9 | Zumbrota-Maz | 11:02.80 | 11:05.39 | 6 | |
| 5 | Koren Wieme | 8 | Byron | 10:59.79 | 11:12.96 | 5 | |
| 6 | Vaughn Anderson | 9 | Pine Island | 11:07.44 | 11:17.25 | 4 | |
| 7 | Zachary Pieper | 11 | Byron | 11:25.71 | 11:19.40 | 3 | |
| 8 | Henry Morgan | 11 | Pine Island | 11:48.79 | 12:11.73 | 2 | |
| 9 | Isaac Anderson | 11 | Cannon Falls | 12:15.23 | 12:16.45 | 1 | |
| 10 | Eric Anderson | 11 | Lake City | 10:42.73 | 12:19.36 | | |
| 11 | Adam Johnson | 10 | Pine Island | 12:09.19 | 12:35.32 | | |
| 12 | Caiden McClure | 10 | Byron | 12:09.16 | 12:41.04 | | |
| 13 | Jack Horob | 9 | Stewartville | 13:17.74 | 12:56.94 | | |
| 14 | Luke White | 10 | Kasson-Manto | 13:32.57 | 13:52.80 | | |

Boys 110 Meter Hurdles

Meet Record: 15.34 1996 (hh+) Adam DeCook (Byron)
 Meet Record: 15.34 1981 (hh+) Brad Todd (Plainview)
 Meet Record: 15.34 1994 (hh+) Parc Williams (Zumbrota-Mazeppa)
 Facility: F 15.25 2001 Mike Kasten, Plainview

| Name | Year | School | Seed | Finals | H# | Points |
|------|---------------------|-----------------|-------|--------|----|--------|
| 1 | CJ Tree | 12 Pine Island | 16.30 | 16.64 | 2 | 12 |
| 2 | Luke Eastman | 11 Stewartville | 16.35 | 16.68 | 2 | 10 |
| 3 | Noah Root | 10 Stewartville | 16.99 | 17.99 | 2 | 8 |
| 4 | Mason Boraas | 10 Zumbrota-Maz | 18.15 | 18.08 | 2 | 6 |
| 5 | Tyler Connelly | 12 Byron | 19.82 | 18.77 | 2 | 5 |
| 6 | Benny Lopez Ramirez | 10 Lake City | 19.38 | 19.86 | 2 | 4 |
| 7 | Dylan Doherty | 10 Stewartville | 18.68 | 19.91 | 2 | 3 |
| 8 | Lucas McClean | 10 Byron | 18.70 | 20.13 | 2 | 2 |
| 9 | Sam Taddy | 9 Pine Island | 19.74 | 20.42 | 2 | 1 |
| 10 | Austin Luckey | 9 Pine Island | 20.42 | 20.88 | 1 | |
| 11 | Brock Henson | 8 Byron | 21.47 | 21.33 | 1 | |
| 12 | Chris Mokua | 10 Rochester Lo | 22.65 | 22.41 | 1 | |
| 13 | Brent Carpenter | 10 Cannon Falls | 23.41 | 22.71 | 1 | |
| -- | Matthew Frentz | 12 Lake City | 21.61 | DQ | 1 | |

Boys 300 Meter Hurdles

Meet Record: 39.34 1996 (hh+) Will Gibson (Winona Cotter)
 Facility: F 38.58 2000 Chris Mattke, Elgin-Millville

| Name | Year | School | Seed | Finals | H# | Points |
|------|----------------------|-----------------|-------|--------|----|--------|
| 1 | CJ Tree | 12 Pine Island | 41.17 | 42.03 | 3 | 12 |
| 2 | Noah Root | 10 Stewartville | 41.63 | 42.76 | 3 | 10 |
| 3 | Drew Sailer | 11 Pine Island | 43.59 | 43.57 | 3 | 8 |
| 4 | Mason Boraas | 10 Zumbrota-Maz | 44.39 | 44.55 | 3 | 6 |
| 5 | Colton Decook | 10 Stewartville | 44.96 | 44.69 | 3 | 5 |
| 6 | Benjamin Beckenbaugh | 12 Rochester Lo | 46.67 | 44.96 | 2 | 4 |
| 7 | Eli Rodemeyer | 9 Byron | 45.97 | 46.93 | 3 | 3 |
| 8 | Lucas McClean | 10 Byron | 45.43 | 47.25 | 3 | 2 |
| 9 | Benny Lopez Ramirez | 10 Lake City | 47.03 | 47.39 | 2 | 1 |
| 10 | Tyler Connelly | 12 Byron | 48.91 | 48.91 | 2 | |
| 11 | Sam Taddy | 9 Pine Island | 48.41 | 49.06 | 2 | |
| 12 | Samuel Wagenknecht | 11 Cannon Falls | 48.95 | 49.28 | 2 | |
| 13 | Chris Mokua | 10 Rochester Lo | 50.00 | 49.80 | 2 | |
| 14 | Matthew Ferentz | Lake City | 53.10 | 51.76 | 1 | |
| 15 | Luther Bauer | 9 Zumbrota-Maz | 53.79 | 53.16 | 1 | |
| 16 | Brent Carpenter | 10 Cannon Falls | 53.87 | 53.70 | 1 | |
| -- | Luke Eastman | 11 Stewartville | 42.77 | DNF | 3 | |

Boys 4x100 Meter Relay

Meet Record: 43.74 1984 (hh+) Austin Pacelli
 Facility: F 43.98 2001 Plainview, Plainview
 R Speedling, P Hofschulte, R Montgomery, M Fallon

| School | Seed | Finals | Points |
|-------------------------|-------|--------|--------|
| 1 Pine Island | 44.34 | 44.86 | 12 |
| 1) Bentley Lujero 12 | | | |
| 2) Abe Ferber 11 | | | |
| 3) Ty Gibson 12 | | | |
| 4) Peyton Loftus 9 | | | |
| 2 Stewartville | 43.27 | 45.44 | 10 |
| 1) Tarin Conlin 12 | | | |
| 2) Jack Buntrock 12 | | | |
| 3) Sawyer Wood 11 | | | |
| 4) Graysen Schneider 11 | | | |
| 3 Byron | 44.22 | 45.69 | 8 |
| 1) Tyler Connelly 12 | | | |
| 2) Liam Schick 12 | | | |
| 3) Brayden Olson 11 | | | |
| 4) Paxton Xiong 10 | | | |
| 4 Lake City | 46.32 | 45.81 | 6 |

| | | | | |
|------------------------|----------------------|-------|---|--|
| 1) Jack Banks 12 | 2) Keegan Ryan 12 | | | |
| 3) Thomas Brand 12 | 4) Carter Lane 12 | | | |
| 5 Rochester Lourdes | 46.06 | 46.24 | 5 | |
| 1) Blake Moynagh 9 | 2) Caleb Akinbolu 10 | | | |
| 3) Mardoche Pierson 12 | 4) Will Roth 12 | | | |
| 6 Cannon Falls | 46.71 | 46.36 | 4 | |
| 1) T.J. Eddins 12 | 2) Caelan Heinlein 9 | | | |
| 3) Colten Litschke 11 | 4) Tysen Lind 11 | | | |
| 7 Zumbrota-Mazeppa | 48.43 | 48.38 | 3 | |
| 1) William Higley 12 | 2) Hayden Boraas 9 | | | |
| 3) Tatum Olson 9 | 4) Austin Jentsch 11 | | | |

Boys 4x200 Meter Relay

Meet Record: 1:31.82 2012 Rochester Lourdes, Rochester Lourdes
 B Williamson, A Wade, K Carstens, M Carstens
 Facility: F 1:29.86 5/28/2009 Laneboro/Fillmore Central, Laneboro/Fillmo
 C Anderson, B Hebl, E Hall, J Jarland

| School | Seed | Finals | Points |
|-------------------------|------------------------------|---------|--------|
| 1 Byron | 1:32.01 | 1:31.10 | 12 |
| 1) Adam Glynn 12 | 2) Jaxon Boynton 11 | | |
| 3) Carson Heimer 10 | 4) Benjamin Zimmerman 11 | | |
| 2 Stewartville | 1:31.36 | 1:31.28 | 10 |
| 1) Logan Johnson 12 | 2) Dylan Hoot 11 | | |
| 3) Charlie Wood 12 | 4) Dylan Scanlan 11 | | |
| 3 Pine Island | 1:33.44 | 1:33.65 | 8 |
| 1) Abe Ferber 11 | 2) Owen Harstad 10 | | |
| 3) Ty Gibson 12 | 4) Peyton Loftus 9 | | |
| 4 Lake City | 1:33.99 | 1:33.80 | 6 |
| 1) Jack Banks 12 | 2) Keegan Ryan 12 | | |
| 3) Thomas Brand 12 | 4) Tim Cooper 12 | | |
| 5 Zumbrota-Mazeppa | 1:36.72 | 1:36.10 | 5 |
| 1) Indy Judd 10 | 2) Austin Jentsch 11 | | |
| 3) William Higley 12 | 4) Connor Fogarty 12 | | |
| 6 Rochester Lourdes | 1:36.00 | 1:41.52 | 4 |
| 1) Abe Lovely 10 | 2) Max Pederson 9 | | |
| 3) Lucas Brooks 9 | 4) Sutton Fix 11 | | |
| 7 Cannon Falls | 1:54.03 | 1:53.98 | 3 |
| 1) Talant Rifenerick 10 | 2) Sullivan Gill-Bolinger 10 | | |
| 3) Axel Rapp 10 | 4) Graham Bray 10 | | |

Boys 4x400 Meter Relay

Meet Record: 3:26.84 1984 (hh+) Austin Pacelli
 Facility: F 3:24.12 5/28/2009 Laneboro/Fillmore Central, Laneboro/Fillmo
 B Hebl, C Anderson, J Jarland, E Hall

| School | Seed | Finals | Points |
|--------------------------|----------------------------|---------|--------|
| 1 Kasson-Mantorville | 3:34.00 | 3:34.20 | 12 |
| 1) Brayden Bennerotte 10 | 2) Gryffon Funke 12 | | |
| 3) David Obst 10 | 4) Jonah Coleman 10 | | |
| 2 Pine Island | 3:35.29 | 3:35.50 | 10 |
| 1) Ryder Schmidt 11 | 2) Drew Sailer 11 | | |
| 3) Blake Schiltz 11 | 4) Jacob Carter 11 | | |
| 3 Lake City | 3:37.65 | 3:38.29 | 8 |
| 1) Tim Cooper 12 | 2) Benny Lopez Ramirez 10 | | |
| 3) Weston Roberson 11 | 4) Keegan Ryan 12 | | |
| 4 Rochester Lourdes | 3:35.85 | 3:38.67 | 6 |
| 1) Nahom Assefa 12 | 2) Benjamin Beckenbaugh 12 | | |
| 3) Blake Moynagh 9 | 4) Caleb Akinbolu 10 | | |
| 5 Stewartville | 3:36.42 | 3:46.32 | 5 |
| 1) Karsten Roeder 9 | 2) Caleb Hanse 12 | | |

| | | | | |
|------------------------------|--------------------------|---------|---|--|
| 3) Carson Meyer 11 | 4) Colton Decook 10 | | | |
| 6 Zumbrota-Mazeppa | 3:40.59 | 3:48.55 | 4 | |
| 1) Indy Judd 10 | 2) William Higley 12 | | | |
| 3) Kirt Rude 10 | 4) Connor Fogarty 12 | | | |
| 7 Byron | 3:31.03 | 4:05.34 | 3 | |
| 1) Zachary Vanderpool 12 | 2) Mathias Zoellner 8 | | | |
| 3) Ryan Stites 11 | 4) Will Ruhnke 10 | | | |
| 8 Cannon Falls | 4:09.85 | 4:06.98 | 2 | |
| 1) Wyatt Mosser 11 | 2) Samuel Wagenknecht 11 | | | |
| 3) Leonel Hernandez-Lopez 11 | 4) Isaac Anderson 11 | | | |

Boys 4x800 Meter Relay

| Meet Record: | 8:11.57 | 2015 | Lake City, Lake City | | |
|------------------------------|------------------------|-----------|--|----------|--------|
| Facility: | F 8:08.88 | 5/28/2009 | Plainview-Elgin-Millville, Plainview-Elgin | | |
| | | | L Herrmann, T Dick, P Alness, G Timm | | |
| School | | | Seed | Finals | Points |
| 1 Pine Island | | | 8:48.67 | 8:28.15 | 12 |
| 1) Jamison Rosane 11 | 2) Seth Konik 11 | | | | |
| 3) Bo Rosane 9 | 4) Jacob Carter 11 | | | | |
| 2 Lake City | | | 8:35.43 | 8:30.48 | 10 |
| 1) Weston Roberson 11 | 2) Eric Anderson 11 | | | | |
| 3) Conrad Seydel 10 | 4) Tim Cooper 12 | | | | |
| 3 Zumbrota-Mazeppa | | | 9:10.79 | 8:54.57 | 8 |
| 1) Riley Bram 9 | 2) Caleb Kevan 9 | | | | |
| 3) Kirt Rude 10 | 4) Jacob Williamson 10 | | | | |
| 4 Stewartville | | | 8:56.42 | 8:55.12 | 6 |
| 1) Caleb Hanse 12 | 2) Jack Owen 9 | | | | |
| 3) Colton Decook 10 | 4) Jonas Hanse 10 | | | | |
| 5 Byron | | | 9:40.21 | 9:07.12 | 5 |
| 1) Zachary Pieper 11 | 2) Brian Lujan 12 | | | | |
| 3) Koren Wieme 8 | 4) Mathias Zoellner 8 | | | | |
| 6 Cannon Falls | | | 9:50.40 | 10:16.51 | 4 |
| 1) Samuel Wagenknecht 11 | 2) Axel Rapp 10 | | | | |
| 3) Leonel Hernandez-Lopez 11 | 4) Eli Anderson 8 | | | | |

Boys High Jump

| Meet Record: | 6-06 | 2001 | Sam Smelter (Stewartville) | | |
|---------------------------|--------|--------------|--------------------------------|----------|--------|
| Meet Record: | 6-06 | 5/13/2023 | Carter Anderson, Stewartville | | |
| Facility: | F 6-04 | 5/23/2012 | Chase Montgomery, Plainview-El | | |
| Facility: | F 6-04 | 5/5/2022 | Kaiden Peters, Plainview-El | | |
| Name | Year | School | Seed | Finals | Points |
| 1 Dylan Hoot | 11 | Stewartville | 6-04.00 | 6-04.00F | 12 |
| 2 Carter Anderson | 12 | Stewartville | 6-06.00 | 6-02.00 | 10 |
| 3 Ryan Stites | 11 | Byron | 6-04.00 | 6-00.00 | 8 |
| 4 Drew Sailer | 11 | Pine Island | 5-08.00 | 5-10.00 | 6 |
| 5 Parker Wangen | 11 | Stewartville | 5-10.00 | 5-08.00 | 5 |
| 6 Keegan Ryan | 12 | Lake City | 6-00.00 | 5-06.00 | 4 |
| 7 Sam Taddy | 9 | Pine Island | 5-06.00 | 5-04.00 | 2.50 |
| 7 David Scully | 12 | Rochester Lo | 5-06.00 | 5-04.00 | 2.50 |
| 9 Mason Boraas | 10 | Zumbrota-Maz | 5-06.00 | 5-04.00 | 1 |
| 10 Kevin Mota | 7 | Lake City | 4-10.00 | 5-02.00 | |
| 10 Brock Henson | 8 | Byron | 5-00.00 | 5-02.00 | |
| -- Kirt Rude | 10 | Zumbrota-Maz | 5-00.00 | NH | |
| -- Sullivan Gill-Bolinger | 10 | Cannon Falls | 5-00.00 | NH | |
| -- Zane Beck | 10 | Cannon Falls | | NH | |
| -- Eli Rodemeyer | 9 | Byron | 4-10.00 | NH | |
| -- Patrick Garvey | 9 | Rochester Lo | 5-04.00 | NH | |
| -- Caelan Heinlein | 9 | Cannon Falls | 5-10.00 | NH | |
| -- Ben Perreault | 9 | Pine Island | 5-04.00 | NH | |

| | | | | |
|-------------------|----|--------------|---------|-----|
| -- Keymoni Bent | 8 | Kasson-Manto | 5-02.00 | NH |
| -- Kalin Anderson | 9 | Kasson-Manto | 5-02.00 | NH |
| -- Will Hauser | 10 | Zumbrota-Maz | 5-00.00 | DNS |

Boys Pole Vault

| | | | | | |
|--------------|---------------------|-----------|--------------------------|----------|-------------|
| ===== | | | | | |
| Meet Record: | 14-09 | 5/14/2022 | Jarod White, Pine Island | | |
| Facility: | F 15-00 | 4/29/2021 | Jarod White, Pine Island | | |
| Name | Year | School | Seed | Finals | Points |
| ===== | | | | | |
| 1 | Nathan Jeché | 12 | Stewartville | 12-00.00 | 11-06.00 12 |
| 2 | Will Ruhnke | 10 | Byron | 10-03.00 | 11-00.00 9 |
| 2 | CJ Tree | 12 | Pine Island | 11-06.00 | 11-00.00 9 |
| 4 | Elijah Schei | 10 | Stewartville | 11-00.00 | 10-06.00 6 |
| 5 | Graham Bray | 10 | Cannon Falls | 10-00.00 | 10-06.00 5 |
| 6 | Jack Derby | 9 | Pine Island | 8-06.00 | 10-00.00 4 |
| 7 | Eric Anderson | 11 | Lake City | 10-00.00 | 9-06.00 3 |
| 8 | Jayden Ott | 7 | Byron | 9-06.00 | 9-06.00 2 |
| 9 | Luke Eastman | 11 | Stewartville | | 9-06.00 1 |
| 10 | Brayden Olson | 11 | Byron | 9-00.00 | 9-00.00 |
| 11 | Jonah Coleman | 10 | Kasson-Manto | 8-06.00 | 8-06.00 |
| 11 | Austin Luckey | 9 | Pine Island | 9-00.00 | 8-06.00 |
| 11 | Dylan Geiger | 9 | Cannon Falls | 8-06.00 | 8-06.00 |
| -- | Andrew Monjaraz | 9 | Zumbrota-Maz | 8-00.00 | NH |
| -- | Eric Nicholson | 10 | Zumbrota-Maz | | NH |
| -- | Benny Lopez Ramirez | 10 | Lake City | 8-00.00 | NH |
| -- | Axel Rapp | 10 | Cannon Falls | 9-00.00 | NH |
| -- | Caden Cobb | 9 | Lake City | 6-06.00 | DNS |

Boys Long Jump

| | | | | | |
|--------------|--------------------|-----------|---------------------------|----------|-------------|
| ===== | | | | | |
| Meet Record: | 22-04 | 5/11/2013 | Will Gisler, Stewartville | | |
| Facility: | F 21-11.50 | 5/4/2017 | Ethan Heitman, Lake City | | |
| Name | Year | School | Seed | Finals | Points |
| ===== | | | | | |
| 1 | Carson Heimer | 10 | Byron | 21-04.25 | 21-09.50 12 |
| 2 | Charlie Wood | 12 | Stewartville | 20-05.00 | 21-04.75 10 |
| 3 | Connor Fogarty | 12 | Zumbrota-Maz | 20-05.25 | 20-06.00 8 |
| 4 | Parker Wangen | 11 | Stewartville | 21-06.50 | 20-05.00 6 |
| 5 | Adam Glynn | 12 | Byron | 20-00.00 | 20-00.00 5 |
| 6 | Tysen Lind | 11 | Cannon Falls | 19-10.50 | 19-11.00 4 |
| 7 | Ryan Stites | 11 | Byron | 20-07.00 | 19-10.50 3 |
| 8 | Sawyer Wood | 11 | Stewartville | 20-09.00 | 19-09.25 2 |
| 9 | T.J. Eddins | 12 | Cannon Falls | 18-04.00 | 19-04.00 1 |
| 10 | Drew Sailer | 11 | Pine Island | 18-07.00 | 19-00.50 |
| 11 | Joshua Buchl | 12 | Kasson-Manto | 18-05.50 | 18-07.25 |
| 12 | Tatum Olson | 9 | Zumbrota-Maz | 17-11.00 | 18-03.00 |
| 13 | Brayden Bennerotte | 10 | Kasson-Manto | 19-07.50 | 18-02.00 |
| 14 | Warren Stoltz | 10 | Lake City | 17-01.00 | 17-05.00 |
| 15 | David Scully | 12 | Rochester Lo | 17-08.50 | 17-01.25 |
| 16 | Cooper Rutten | 9 | Pine Island | 16-10.00 | 16-10.00 |
| 17 | Tayte Severson | 10 | Kasson-Manto | 16-11.50 | 16-06.00 |
| 18 | Nolan Rude | 9 | Zumbrota-Maz | | 16-05.25 |
| 19 | Luke Narum | 10 | Lake City | 17-05.50 | 16-01.50 |
| 20 | Patrick Garvey | 9 | Rochester Lo | 16-00.50 | 15-08.50 |
| 21 | Jonathan Scully | 11 | Rochester Lo | 16-00.00 | 14-04.25 |
| 22 | Caden Cobb | 9 | Lake City | 15-00.75 | 13-04.00 |
| -- | Bentley Lujero | 12 | Pine Island | 19-01.00 | ND |
| -- | Talant Rifemberick | 10 | Cannon Falls | 15-11.75 | DNS |
| -- | James Zinser | 9 | Zumbrota-Maz | 16-09.00 | SCR |

Boys Triple Jump

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Meet Record: 45-00.50 2008 Caleb Rissman (Triton)
 Facility: F 44-07.75 2008 Caleb Rissman, Triton

| Name | Year | School | Seed | Finals | Points |
|---------------------------|------|--------------|----------|----------|--------|
| 1 Carter Anderson | 12 | Stewartville | 43-10.50 | 42-09.25 | 12 |
| 2 Dylan Hoot | 11 | Stewartville | 42-06.75 | 41-08.25 | 10 |
| 3 Karsten Roeder | 9 | Stewartville | 40-03.00 | 40-06.00 | 8 |
| 4 Beau Nicklay | 9 | Byron | 39-08.50 | 39-10.75 | 6 |
| 5 CJ Tree | 12 | Pine Island | 40-06.00 | 39-07.00 | 5 |
| 6 Austin Jentsch | 11 | Zumbrota-Maz | 39-00.50 | 38-07.50 | 4 |
| 7 Tysen Lind | 11 | Cannon Falls | 38-03.00 | 38-05.00 | 3 |
| 8 Tatum Olson | 9 | Zumbrota-Maz | 38-05.00 | 38-02.50 | 2 |
| 9 Ethan Lutzi | 11 | Byron | 39-07.75 | 37-10.00 | 1 |
| 10 Sam Taddy | 9 | Pine Island | 37-05.50 | 35-10.25 | |
| 11 Paxton Xiong | 10 | Byron | 36-08.00 | 35-05.25 | |
| 12 Indy Judd | 10 | Zumbrota-Maz | 37-09.25 | 35-03.00 | |
| 13 Aspen Gorman | 10 | Pine Island | 35-00.50 | 33-08.00 | |
| 14 Sullivan Gill-Bolinger | 10 | Cannon Falls | 35-03.50 | 33-07.25 | |
| 15 Wyatt Nelson | 9 | Cannon Falls | 33-10.50 | 31-07.00 | |

Boys Shot Put

Meet Record: 62-01.50 1996 Tim Senjem (Hayfield)
 Facility: F 56-10.50 4/15/2019 Aidan Creeley, Lake City

| Name | Year | School | Seed | Finals | H# | Points |
|----------------------|------|--------------|----------|----------|----|--------|
| 1 Ridge Hatz | 11 | Stewartville | 52-09.25 | 52-03.50 | 2 | 12 |
| 2 Cody Swanson | 12 | Byron | 49-06.50 | 51-00.50 | 2 | 10 |
| 3 Zachary Vanderpool | 12 | Byron | 51-08.00 | 49-10.50 | 2 | 8 |
| 4 Blake Schiltz | 11 | Pine Island | 47-08.00 | 46-09.00 | 2 | 6 |
| 5 Graysen Schneider | 11 | Stewartville | 46-07.50 | 46-01.00 | 2 | 5 |
| 6 Will Roth | 12 | Rochester Lo | 43-11.00 | 45-06.50 | 2 | 4 |
| 7 Payton Jax | 12 | Byron | 44-05.50 | 42-06.50 | 2 | 3 |
| 8 Ben Northrop | 12 | Pine Island | 45-07.50 | 41-08.50 | 2 | 2 |
| 9 Kjell Lunaas | 11 | Stewartville | 46-06.50 | 40-02.00 | 2 | 1 |
| 10 Jack Boraas | 12 | Zumbrota-Maz | 38-02.00 | 40-01.00 | 1 | |
| 11 Andrew Edwards | 11 | Pine Island | 43-03.00 | 39-04.50 | 2 | |
| 12 JaNoah Siewert | 11 | Zumbrota-Maz | 38-08.00 | 37-02.00 | 2 | |
| 13 Edward Berg | 11 | Cannon Falls | 34-04.50 | 33-09.00 | 1 | |
| 14 Ellis Banks | 10 | Lake City | 35-09.00 | 31-10.50 | 1 | |
| 14 Luke Roth | 8 | Rochester Lo | 31-05.50 | 31-10.50 | 1 | |
| 16 Nate Stevenson | 12 | Lake City | 31-03.00 | 30-10.50 | 1 | |
| 17 Hayden Boraas | 9 | Zumbrota-Maz | 38-06.50 | 30-08.00 | 2 | |
| 18 Aiden Lowy | 11 | Lake City | 29-04.00 | 30-02.50 | 1 | |
| 19 Brent Carpenter | 10 | Cannon Falls | 30-00.00 | 30-01.50 | 1 | |
| 20 Franky Finley | 11 | Kasson-Manto | 30-00.00 | 29-10.50 | 1 | |
| 21 Cheyne Burnes | 10 | Kasson-Manto | 29-01.00 | 27-07.00 | 1 | |
| 22 Fred Noser | 12 | Rochester Lo | 23-00.00 | 23-06.00 | 1 | |
| 23 Gunnar Maki | 9 | Cannon Falls | 24-01.00 | 22-08.00 | 1 | |
| -- Diego Espinoza | 11 | Kasson-Manto | 29-05.00 | SCR | | |

Boys Discus Throw

Meet Record: 174-07 2019 Shane Byrne
 Facility: F 181-09 2021 Leo Silha, Plainview-Elgin-Millvill

| Name | Year | School | Seed | Finals | H# | Points |
|------------------|------|--------------|----------|--------|----|--------|
| 1 Ridge Hatz | 11 | Stewartville | 54-00.50 | 149-11 | 2 | 12 |
| 2 Ben Northrop | 12 | Pine Island | 158-02 | 145-05 | 2 | 10 |
| 3 Cody Swanson | 12 | Byron | 137-07 | 144-04 | 2 | 8 |
| 4 Andrew Edwards | 11 | Pine Island | 36-09.75 | 142-06 | 2 | 6 |
| 5 Will Roth | 12 | Rochester Lo | 148-02 | 140-04 | 2 | 5 |
| 6 Thomas Lofgren | 9 | Stewartville | 143-10 | 138-09 | 2 | 4 |

| | | | | | |
|-----------------------|-----------------|----------|--------|---|---|
| 7 Zachary Vanderpool | 12 Byron | 121-02 | 125-05 | 2 | 3 |
| 8 Kjell Lunaas | 11 Stewartville | 134-05 | 124-10 | 2 | 2 |
| 9 Blake Schiltz | 11 Pine Island | 123-01 | 122-01 | 2 | 1 |
| 10 Logan Kevan | 11 Zumbrota-Maz | 91-06 | 111-00 | 1 | |
| 11 Brevin Brakke | 10 Byron | 122-06 | 109-10 | 2 | |
| 12 Jimmy Suess | 12 Zumbrota-Maz | 98-05 | 108-00 | 1 | |
| 13 Ellis Banks | 10 Lake City | 109-07 | 103-04 | 2 | |
| 14 Zane Beck | 10 Cannon Falls | 103-02 | 98-05 | 2 | |
| 15 Franky Finley | 11 Kasson-Manto | 88-02.75 | 90-06 | 1 | |
| 16 Edward Berg | 11 Cannon Falls | 85-08 | 88-04 | 1 | |
| 17 Jack Boraas | 12 Zumbrota-Maz | 91-11 | 84-00 | 1 | |
| 18 Nate Stevenson | 12 Lake City | 89-03 | 76-04 | 1 | |
| 19 Carter Lane | 12 Lake City | 75-10 | 76-01 | 1 | |
| 20 Cheyne Burnes | 10 Kasson-Manto | 82-00 | 74-09 | 1 | |
| 21 Luke Roth | 8 Rochester Lo | 61-03 | 64-11 | 1 | |
| 22 Will Lennon | 9 Rochester Lo | 60-11 | 56-08 | 1 | |
| -- Talant Rifinberick | 10 Cannon Falls | 91-05 | DNS | 1 | |
| -- Diego Espinoza | 11 Kasson-Manto | 107-06 | SCR | | |

Women - Team Rankings - 18 Events Scored

| | | | |
|----------------------|-----|-----------------------|--------|
| 1) Byron | 250 | 2) Stewartville | 169.50 |
| 3) Pine Island | 138 | 4) Kasson-Mantorville | 112 |
| 5) Zumbrota-Mazeppa | 75 | 6) Lake City | 72 |
| 7) Rochester Lourdes | 70 | 8) Cannon Falls | 25.50 |

Men - Team Rankings - 18 Events Scored

| | | | |
|-----------------------|-------|---------------------|--------|
| 1) Stewartville | 293 | 2) Pine Island | 192.50 |
| 3) Byron | 144 | 4) Zumbrota-Mazeppa | 79 |
| 5) Kasson-Mantorville | 63 | 6) Lake City | 58 |
| 7) Rochester Lourdes | 43.50 | 8) Cannon Falls | 32 |